

## **CERTIFICATE**

## OF PARTICIPATION

This is to certify that

## Tinyiko Nkosi

Has successfully participated & completed the

21km SA Run 4 Cancer Ultra Marathon 2019

held at Polokwane Rugby Fields.

**TIME** 03:14:35

**PACE** 09:15/km

**GENDER** 229 of

323

**OVERALL** 612 of 766

**SENIOR (20-** 127 of

**39)** 175

26 October 2019, Sat

